Runpiker SERIES 2011

Goderich · Woodstock · Dorchester · Bayfield · Exeter · Ingersoll · Stratford · The Pinery

RUNPIKER SERIES 2011

Everyone who participates in 5 out of the 8 events that make up the Runners' Choice Runpiker series, will receive a series souvenir. As well, your name will be included in a draw for some fantastic prizes, including accommodation packages and shoes, all to be awarded at the last race of the series.

May 15 - AROUND THE SQUARE RUN**, Goderich**

May 29 - DAIRY CAPITAL 10K, 5K, 1 MILE RUN/WALK**, Woodstock**

June 5 - DUNNYBROOK DASH 10K, 5K, 1.6K RUN**, Dorchester**

June 12 - BAYFIELD SAFE HARBOUR 5K, 2K FUN RUN**, Bayfield**

August 7 - SOUTH HURON TRAIL 8K RUN**, Exeter**

August 28 - INGERSOL HARVEST 10K, 3K, 1K RUN**, Ingersol**

October 2 - FESTIVAL CITY 10K, 3.5K RUN/WALK**, Stratford**

October 16 - PINERY PARK RACE 10K, 5K, 2K FUN RUN**, The Pinery**

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Entertaining You Is What We're All About!

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Presented by
PHYSIOTHERAPY ALLIANCE **and** STRATFORD SPORT MEDICINE

In support of the Stratford General Hospital Foundation and Stratford Multi-use Trail System. Course accurately measured and certified for OTFA and USTFA by Bernie Conway

8TH ANNUAL Festival City 10k RUN

and 3.5km Run & Walk

www.festivalcityrun.ca

Sunday, October 2, 2011
10:15 am
'Chip Time' Results

WESTJET

Collect pledges to be entered into a draw for WestJet air travel.

RACE START: Upper Queen's Park

Anytime Fitness Warm-up	9:45 am
10km run	10:15 am
3.5km run/walk	10:25 am
ORR Insurance Cygnet Sprint	11:15 am

COURSE

Both race courses take you through the Festival Theatre grounds and along the beautiful and scenic Avon River. The 10k route takes you up to the Stratford General Hospital and back through some of Stratford's most historic and notable streets. Both races finish at Upper Queen's Park.

ENTRIES

BY SEPTEMBER 23, 2011

3.5km: $25, 10km: $35, Family-max 5 people(3.5km or 10km): $65, Orr Insurance Cygnet Sprint $10. There will be a draw for 2 jackets for all those registered by September 23, 2011. ***SORRY, NO REFUNDS.***

AFTER SEPTEMBER 23, 2011

3.5km: $30, 10km: $40, Orr Insurance Cygnet Sprint: $10. Family-max 5 people (3.5km or 10km): $70. ***SORRY, NO REFUNDS.***

PLEDGE INCENTIVES

Please help the Stratford General Hospital and Stratford Multi-Use Trail System by collecting pledges to submit on race day or pledges can be collected online. Free entry with $100 in pledges or $200 in family pledges. New! For each $100 in pledges collected your name will be entered into a draw for 2 return airfair tickets with WestJet Air Travel anywhere that WestJet flies, taxes and surcharges included! The Stratford General Hospital Foundation and Stratford Multi-Use Trail System thank you for your support!

RAFFLE DRAW FOR WESTJET AIR TRAVEL

Purchase raffle tickets at $5 each for a draw of 2 return airfare tickets with WestJet Air Travel anywhere that WestJet flies, taxes and surcharges included! Available with online registration, manual registration and on race day.

REGISTRATION/RACE KIT PICK-UP

Race Day 9:00 am to 10:00 am – in the Pavilion at Upper Queen's Park.

Pre-registration/early race kit pick up Fri, September 30, 4-7 pm, Physiotherapy Alliance - 276 Huron Street, Stratford.

Mail or drop off entries to:
Physiotherapy Alliance, 276 Huron Street, Stratford, Ontario N5A 5T2

RACE SHIRTS

The first 350 registered will receive a tech shirt. Sizing will be assigned in order of registration. If your size is not available, the next closest size will be given. The first 50 Orr Insurance Cygnet Sprint participants will receive t-shirts. Only one free tech shirt is included in the special family rate.

AWARDS

Please join us for post race cheer and awards ceremony at 12:00 pm. Awards presented to top three male/female runners in each age category. 10K Course Record Male $250, Female $250 (1 available). Top male and female in 10km will each be awarded $500 prize.

2nd male & female 10km $250. 3rd male & female 10km $100. Top male and female in 3.5km will each be awarded $100 prize. Award to top pledge raisers.

All participants eligible for great draw prizes. You must be present to receive awards.

OTHER EVENTS & SERVICES

Personal Race Day Photos available for purchase online after race day. Bag check for runners, inspiring music along race route, magician, games and activities, local playground for children, BBQ during awards ceremony.

AGE CATEGORIES

Age on race day (Oct 2)

3.5km: 10 and under / 11–13 / 14–19 / 20 and over. **10km:** 19 and under / 20–29 / 30–39 / 40–49 / 50–59 / 60–69 / 70 and over.

DIRECTIONS

From Hwy 7/8 (Kitchener) turn right on Parkview Dr - follow to front gates of Queen's Park. From Hwy 7 (London) turn right on Ontario St. - follow to Parkview Dr, turn left - follow to front gates.

ENTRY FORM

DON'T FORGET PLEDGES • SORRY NO REFUNDS • make all cheques payable to STRATFORD FESTIVAL CITY 10 KM

SURNAME FIRST NAME

ADDRESS (INCLUDE APT #, RR#)

CITY / TOWN PROVINCE / STATE POSTAL CODE / ZIP TELEPHONE

Age race day	
Birth Date (mm/dd/yy)	

☐ Male ☐ Female

☐ 10km run ☐ 3.5km run/walk

☐ Orr Insurance Cygnet Sprint

T-shirt size/ quantity:
☐ S ☐ M ☐ L ☐ XL

Extra t-shirts @ $20	
WestJet Raffle tickets ($5 each)	
Entry Donation	
Grand TOTAL	

RELEASE WAIVER AND INDEMNITY: In consideration of the acceptance of my application and the permission to participate as an entrant of competitor in the Festival City 10k, I, for myself, my heirs, executors and administrators or, assigns hereby release, waiver and forever discharge the Corporation of the City of Stratford, Township, Runners Choice, Physiotherapy Alliance and Sports Medicine and Stratford General Hospital and all associations, sanctioning bodies, all of their respective agents, officials, servants, contractors, representatives, successors, assigns and participating volunteers from all the claims, demands, costs, expenses, actions and causes of action in the said event. I further hereby undertake to hold and save harmless and agree to indemnify all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event. By submitting this entry I acknowledge having read, understood and agreed to the above waiver, release and indemnify and that I accept all this to the said event.

Lost chips will be billed @100.00 **I WARRANT THAT I AM PHYSICALLY FIT TO PARTICIPATE IN THIS EVENT.**

SIGNATURE (if under 18, Parent of Guardian must sign) DATE

E-MAIL ADDRESS

(This is optional. We will not sell your address to anyone! This e-mail list is for a reminder for next year's race)

PLEDGE FORM

make all cheques payable to STRATFORD FESTIVAL CITY 10 KM • RECEIPTS FOR $20 OR MORE

Name of Runner/ Walker

SGH= Stratford General Hospital SMUT= Multi-Use Trail 50/50= 1/2 Goes to both charities

Sponsor's Name	Sponsor's Address	Postal Code	Phone	Pledge	Paid	This Pledge will be donated to: SGH	S MUT	50/50
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